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THE FOLIO FOUR

a monthly newsletter with ways to implement, connect and get inspired from your friends at





Resources, activities and challenges to deepen connection and collaboration each month

"Teachers are less likely to leave when they feel known, grown, and resilience prone" (Hasson, 2023)

Our Summer Leadership Series keynote speaker, Dr. Julie Schmidt Hasson, emphasized the importance of intentionally supporting teachers so that they can continue to invest in students. Her latest research implores us all to provide educators with the simple tools and strategies they need to keep going and

Pebble 1: Beliefs

Beliefs shape how we interact with students and colleagues, influencing outcomes. How can we support our teachers in cultivating positive, shared beliefs?

Pebble 2: Intention

Setting intentions helps educators establish a guiding principle for student growth. How are we defining success?

Pebble 3: Connection

Responding to bids for connection fosters a sense of belonging and emotional safety. How do we recognize a bid for attention and turn towards the ask for connection?

Pebble 4: Community

Building a strong community requires shared values and mutual accountability. How are we cultivating a shared sense of values that ground our community?

Pebble 5: Awareness

Being present and caring for oneself through moments of pause and release is essential. How are we creating the space for teachers to pause, take a deep breath, and release the negative feelings that block the ability to experience joy?

Pebble 6: Curiosity:

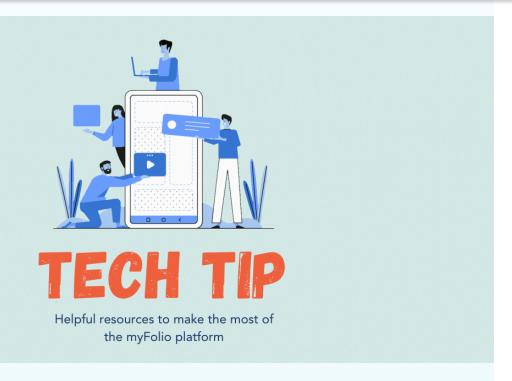
Approaching challenges with a curious mindset opens doors to growth and learning. How are we supporting our colleagues in seeing the opportunities in challenging situations?

Pebble 7: Grace

Extending grace to oneself and others creates a supportive and forgiving environment. How are we cultivating compassion and understanding as a starting point for ourselves and others?

By embracing these insights, educators can nurture students and build impactful communities. Which pebbles will you incorporate into your opening meetings with

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Did you know that the Mindful Minute instructions are customizable?

Use this feature to create an opportunity for connection, one of Dr. Hasson's pebbles. Some custom prompts to consider:

- What is something you did at work over the last month that is cause for celebration and why?
- What is your intention for today (or this week)? What is one thing that might get in the way of maintaining that intention.

UPCOMING: We are adding more flexibility to the myFolio Goal writing process. Keep an eye out for the new Self-Guided Goal feature release in August.

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Onboarding Playbook Webinars

#ICYMI our <u>Onboarding Playbook</u> dropped last week! Director of School Success, Carey Fetting-Smith will be hosting one more webinar on 8/8. Participants will have the opportunity to reflect and brainstorm ideas related to their schools' onboarding plan with Carey and other Folio members. This is free to Folio members.

Register Here

Masterminds

We are offering 5 Masterminds cohorts this Fall! Mastermind groups offer leaders space to discuss ideas, hone leadership skills, and maximize their use of the myFolio platform. Sessions begin in October.

View Cohort Options and Register Here

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The University of Maryland Baltimore County (UMBC) Summer Math Program is piloting myFolio this summer to help cultivate a culture of professional growth and collaboration. Read more about it in <u>our recent blog</u> post.

Share This and Subscribe

Please <u>forward</u> this newsletter with anyone at your school who might be interested in Folio's work or how they can benefit from the Folio community. If this email was forwarded to you, <u>please subscribe</u> so you always know what's up in the Collaborative.

About Folio Collaborative

Folio Collaborative supports schools through an online platform, ongoing training and coaching, and an active and robust community. We focus on facilitating the kinds of conversations, collaboration and cultures that elevate the practice of teaching and promote professional learning and growth beyond the classroom.

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