



✓ DO

- help the goal-setter gain clarity about how they want to grow and improve
- discuss why that growth is important to them
- envision what progress might look like for the individual
- plan for where and how they might need support in achieving their goal

⊗ DON'T

- share unexpected feedback
- tell personal stories about your own growth
- tell the goal-setter what their goals should be
- hand them a detailed plan for how to achieve their goals



8 Do's and Don'ts for Professional Goals Conversations